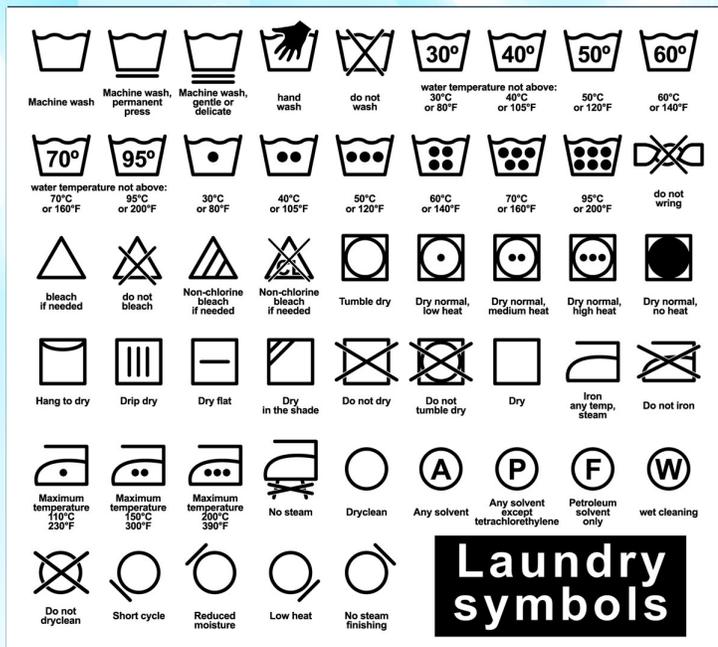


Laundry Today or Naked Tomorrow

Laundry Tips from **AB Lifestyles**

- Plan a laundry schedule that works for you & use the wait time to study. Stay with your laundry.
- Treat stains as they happen with stain removers or dish detergent.
- Bring your keys! If your roommate leaves, you're locked out.
- Empty pockets, secure drawstrings on hoods and pants, close zippers, and turn printed tees inside out
- Separate darks & lights. Sheets should be washed separately to prevent pilling. Towels should be washed separately because of producing lint.
- Follow label instructions for washing & drying. Be sure to dry clean when tag says "dry clean only."
- Use cold water unless you have super dirty laundry; cold water will cause less shrinkage & it is eco-friendly.
- Do large loads but remember not to overload. Laundry won't get clean or dry if machines are too crowded.
- Be sure to clean lint traps before drying to prevent lint transfer or a fire.
- Empty the dryer ASAP-hang & fold clothing to prevent wrinkles. Look for missing items (socks).



DON'T FORGET....

1. Laundry bag or basket
2. Hangers
3. Detergent-Pods are a good choice; compact, less waste
4. Dryer sheets-prevent static cling, eases wrinkles
5. Money-Washer and dryer loads cost: \$1.00-\$4.00

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